

Short-Term

# International Health Plan

International private health insurance cover  
for individuals and families working  
or travelling abroad





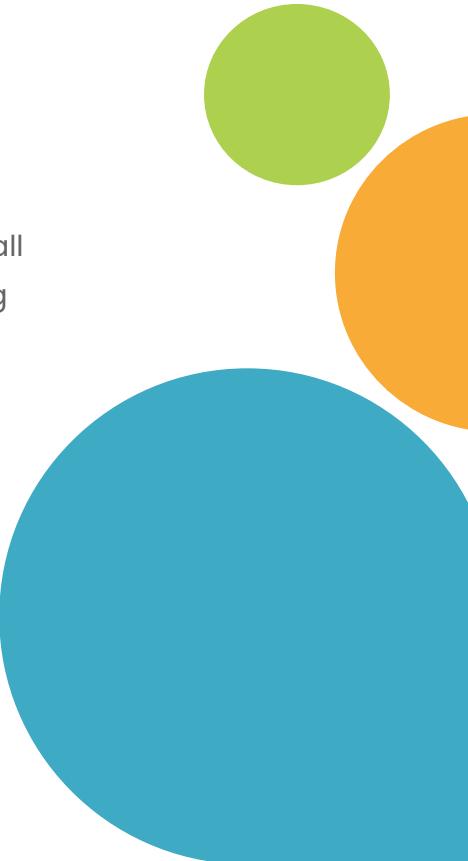
# Welcome

**The first step of your journey to obtaining international private medical insurance.**

As you navigate your way through our brochure, you'll be provided with all the information you need to choose the right insurance cover for working or living abroad.

For over 30 years, APRIL has been dedicated to making insurance easy and delivering a first-class insurance experience.

We're confident that we can meet your requirements, and should you choose to join us you can live with the peace of mind that your health is protected.



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# Who needs cover?

When travelling abroad for work, to be with family, or taking an extended break, there can be several challenges to overcome and one thing that should not be overlooked is your health and wellbeing.

Whether it's a trip overseas for a few weeks, a couple of months, or any period up to a year, a key element to a stress-free life as an expat is the knowledge that you are protected and have an insurance partner you can call on should you require medical treatment. There is certainly no comfort in discovering that you are without access to potentially lifesaving medical treatment when you have fallen ill, or are facing the burden of a large treatment bill and do not have any protection in place.

If you are unlucky enough to fall ill or have an accident which requires medical assistance, international private medical insurance helps to cover you by providing you with support and care.

Unlike most standard travel insurance policies, you will have access to the best private medical facilities in the country where you are located. This will save you the time and hassle of being patched up and taken home for the bulk of your treatment – so your travel plans or work trip won't get cut short or disrupted.





# Live your life

If you are away on a temporary overseas work assignment, a gap year, or a sabbatical – the very last thing you want is a health problem. That's why APRIL International has designed the Short-Term International Health Plan.

## Work secondments

Chances are, if you are lucky enough to land a work placement abroad, your company will be investing significantly in your future. Your employer will have identified the unique skills and experience you bring to your role. But even a short-term illness could cause a placement to fail if you are not insured. Our Short-Term International Health Plan is designed to protect you if this ever happens – giving you the best chance of success while you are abroad.

## Gap year

You have passed your exams, saved for the trip of a lifetime, and have planned several months abroad. You'll be travelling a lot, moving from one place to another, experiencing new cultures and lifestyles, and learning about the world. But an accident abroad can wreck all your plans – especially if you can't get treated locally. Our Short-Term International Health Plan is designed to protect you against this eventuality by ensuring you have access to the best private medical facilities all around the world. That way you will be back on your feet again as quickly as possible.

## Sabbaticals & world trips

Perhaps you have just retired or reached a milestone at work and can now take a sabbatical. It's not just the young who get to experience the trip of a lifetime. Nowadays, more and more of us are going away on extended breaks whenever we can. Our Short-Term International Health Plan is designed to protect you while you're abroad, no matter how young or old you are. That means you will spend more of your time doing the things you want to do, when you want to, rather than worrying about the cost of medical care should you have an accident or become unwell. Our plan gives you the peace of mind that wherever you are, you can always access the best quality medical help should you need it.



WHY BUY HEALTH INSURANCE?

## DISCOVER APRIL

[Introducing the APRIL Group](#)[About APRIL International](#)[About your cover](#)[You're in safe hands](#)[Satisfied customers](#)

ENJOY THE BENEFITS

# Introducing the APRIL Group

APRIL is the leading wholesale broker in France with a network of 27,000 partner brokers. APRIL's 3,000 staff members aim to offer their customers and partners – individuals, professionals and businesses – an outstanding experience, combining the best of humans and technology, in health and personal protection for individuals, professionals and VSEs, loan insurance, international medical insurance (IPMI), property and casualty niche insurance.

The APRIL Group recorded a turnover of over €860m in 2024.



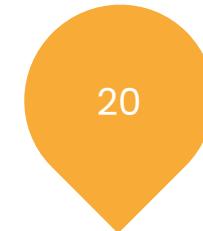
## APRIL, in 4 key figures:



APRIL established



Our consolidated turnover in 2024



Countries where the group has operations



Staff members in 2025



WHY BUY HEALTH INSURANCE?

## DISCOVER APRIL

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ENJOY THE BENEFITS

# About APRIL International

For over 30 Years, APRIL International has specialised in the provision of international health insurance solutions. We design, distribute, and manage a variety of insurance plans and assistance services accommodating individuals, couples and families, international students and SME and corporate businesses.

Our promise is to provide prompt, personalised and top-class service, and this begins from the very first moment you contact us. We endeavour to ensure your plan is carefully designed to accommodate your own circumstances.

We will stay in touch throughout the duration of your plan and if your plan needs updating to reflect your changing circumstances, we will make this happen as swiftly and as smoothly as possible.

On top of that, should you need to make a claim, we will make every effort to ensure that you and/or your family receive the best care as quickly as possible.

## Local Offices



Our  
dedicated  
teams are  
here for  
you



+44 (0) 203 418 0470  
Monday to Friday  
from 09.00 to 17.00 GMT



[info@april-international.co.uk](mailto:info@april-international.co.uk)



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## WHY BUY HEALTH INSURANCE?

### DISCOVER APRIL

Introducing the APRIL Group

About APRIL International

**About your cover**

You're in safe hands

Satisfied customers



### ENJOY THE BENEFITS

# About your cover

## Who can join?

The Short-Term International Health Plan is designed for individuals of any nationality living, working or travelling outside of their home country on a temporary basis.

The maximum age you can apply is 70 years.

The plan is not available if you are living, working, or travelling to the USA or Caribbean.

## Premiums

The plan is available in GBP, USD or EUR and cover must be purchased in whole months.

The premium for the whole duration selected must be paid for at the start of the plan.

## Underwriting

The plan is not intended to provide cover for medical conditions that have been in existence in the two years immediately prior to the start date of your plan.

Any medical condition that is already in existence will not be eligible for cover, unless you have purchased our benefit add-on for Pre-existing Condition Cover.

## Period of cover

The plan can be purchased for a minimum of one month and a maximum of 12 months.

If your work assignment or trip has not finished at the expiry of your plan, you can extend the plan for a period of up to 6 months, with a maximum period of cover of 18 months.

## Your plan moves with you

If you are moving from one country to another, our plans keep you protected every step of the way.

The plan is designed to ensure that whatever country you are in or have treatment in, you still have access to the same level of benefit – except in your home country, the USA and Caribbean. The plan will automatically cancel if you are in your home country for 30 consecutive days.

## What you can expect from APRIL International

Our staff have a wealth of knowledge and experience to ensure that you receive first-class support and care from your initial enquiry through to every detail in the management of your plan.

We strive to keep our plan documentation simple, clear, and easy to understand and once you have enrolled into a plan, your membership documentation will be issued by secure email within 24 hours.

## WE WILL SEND YOU:



### WELCOME EMAIL

Confirming your cover and thanking you for joining APRIL International UK



### CERTIFICATE OF INSURANCE

For each person covered by the plan



### POLICY GUIDE

How your plan works, together with the full terms and conditions



### CLAIM FORM

To use when you need to make a claim



# You're in safe hands

Our UK team based in the City of London have over 30 years' experience in providing international private medical insurance to meet the requirements of people living and working around the world. We specialise in designing and delivering flexible insurance solutions.

We support customers with 90 different nationalities living in more than 110 countries around the world. We have a wealth of knowledge and experience needed to understand and support the specific requirements and needs of our clients.

Our plans are underwritten by either AXA XL Insurance Company UK Limited or AXA XL Underwriting Agencies Limited, who have both been assigned top-class financial strength ratings by major insurance ratings agencies.

## AXA XL INSURANCE COMPANY UK LIMITED



financial strength rating from A.M. Best

financial strength rating from Standard & Poor's

## AXA XL UNDERWRITING AGENCIES LIMITED



financial strength rating from A.M. Best

financial strength rating from Standard & Poor's

**IN THE EVENT SOMETHING ISN'T QUITE RIGHT** we will do everything we can to resolve your concerns promptly and fairly. We will contact you if we require more information to investigate the issues you have raised. Where we have made a mistake we will put things right for you as quickly as possible.



Your personal and medical information is safe with us. APRIL International UK is compliant with the General Data Protection Regulation (GDPR). Full details can be found in our Privacy Policy.



You will have a **14-DAY COOLING-OFF PERIOD** when you buy our plan so if you change your mind after enrolling, don't panic. We will cancel your plan and return your premium payment in full, providing you have not already submitted a claim under the plan.



APRIL International UK Limited is regulated by the **FINANCIAL CONDUCT AUTHORITY**, which ensures that our clients are always at the heart of our approach to business.





# Satisfied customers



## THE HEALTHCARE PROBLEM

Fractured wrist.

**Age:** 42      **Location:** United Kingdom

## THE TREATMENT

Our client spent a week on a yacht during his gap year travels, where he fractured his wrist whilst assisting with daily duties. The treatment included a consultation, X-ray, and medication costing £370. Once the fracture had healed, 10 sessions of rehabilitation physiotherapy were needed – which cost a further £400.

After deduction of the plan excess of £70, the total cost of the claim was £700.

## THE HEALTHCARE PROBLEM

Gastritis.

**Age:** 37      **Location:** Italy

## THE TREATMENT

Our client was diagnosed with Gastritis after a private consultation costing €175. She was then referred for an upper GI endoscopy. Treated as a daycare patient, a diagnostic oesophago-gastro-duodenoscopy investigation was successfully completed at a cost of €2,220, to which a further gastroenterologist fee of €245 was paid, resulting in a total claim cost of €2,640.

"Many, many thanks for this quick turn-around. **I have been so impressed in all of my contact with April International UK** and the efficiency with which your company operates. It really does help make my life easier!"

"I would like to emphasise how pleased I was with your service and will **definitely be recommending and praising your company** if I am ever asked to suggest an international health insurance provider."

"I would like to thank you and CEGA for the great support. **Everything went smoothly** and when I came to the hospital for the operation admission they already had your guarantee in hand for all the costs."



# Benefit schedule

## Overall Aggregate Limit each Certificate period £250,000/\$500,000/€375,000

This table gives a summary of the benefits covered by each Plan. Please refer to each Benefit Definition for a full explanation of the cover provided under each benefit. Pre-authorisation is required for all claims where the costs are likely to exceed £2,500/\$2,500/€2,500 and for all claims under benefits marked \*. If pre-authorisation is not obtained, this may impact the settlement of all eligible costs and you may incur a proportion of the costs.

MEDICAL EXPENSES		
<b>Hospital Services*</b>		
> Accommodation and meal charges		
> All Inpatient Treatment	> Surgeon and Anaesthetist Fees	
> Physician fees	> Intensive Care Unit charges	Paid in Full
<b>Accident and Emergency Room Treatment</b>		Paid in Full
<b>Inpatient Psychiatric Treatment*</b>		Paid in Full
Treatment in a hospital psychiatric unit		Max fifteen (15) days
<b>Day-patient Treatment</b>		Paid in Full
Where a period of recovery is required in a hospital bed		
<b>Internal Prostheses, Medical Aids and Devices</b>		Paid in Full
Which are required intra-operatively		
<b>Outpatient Services</b>		
> GP, Specialist & Consultant Fees		
> Prescription Drugs and Dressings		
> X-rays, diagnostic & pathology tests, including MRI, CT and PET scans		
> Physiotherapy – up to five (5) sessions		Up to £5,000/\$10,000/€7,500
<b>Complementary Therapies</b>		
Osteopathy, Chiropractic, Homeopathy, Acupuncture		
<b>External Prostheses, Medical Aids and Devices</b>		
Which are medically required following Inpatient Treatment, Day-patient Treatment or Accident and Emergency Room Treatment		£200/\$400/€300
<b>Dental Treatment Following an Accident</b>		
To restore or repair sound natural teeth		£500/\$1,000/€750
<b>Emergency Dental Treatment</b>		
For the immediate relief of dental pain		£200/\$400/€300
<b>Home Country Cover</b>		
Treatment of emergency medical conditions or acute episodes of existing covered medical conditions whilst on a temporary visit to the Home Country		Up to benefit limits shown above Max thirty (30) days



## TELEHEALTH

### Second Medical Opinion

Access to a network of 50,000 medical specialists

Included

## EVACUATION AND REPATRIATION

### Emergency Medical Evacuation\*

Evacuation costs for acute medical conditions where local medical facilities are inadequate

Paid in Full

### Emergency Medical Evacuation – Supplementary Expenses\*

Costs of travel to return to Home Country or Country of Residence

Hotel accommodation costs for companion if not returned to Home Country

Policy will automatically cancel thirty (30) days after return to Home Country following emergency medical evacuation

Single Economy air ticket up to twelve (12) nights

### Emergency Medical Reunion\*

Costs of travel and Hotel accommodation of a close family member if you are in a hospital for five (5) consecutive days

Single Economy air ticket up to twelve (12) nights

### Compassionate Home Travel\*

Costs of travel in the event of the death of a close family member

One (1) return economy air ticket

### Repatriation/Local Burial\*

Where death occurs outside the Home Country

£10,000/\$20,000/€15,000

### Local Road Ambulance Services

Paid in Full

### Emergency Non-Medical Evacuation\*

Evacuation to a safe location in the event of life-threatening situations resulting from political or civil unrest

Evacuation to a safe location in the event of a natural disaster.

Paid in Full

## ADDITIONAL SERVICE PARTNERS

### Crisis24

Security Assistance

Included

### Teladoc Health

Telehealth Services

Included

## OPTIONAL ADD-ON – ADDITIONAL PREMIUM REQUIRED

### Out of Area Extension

For accidents and emergency conditions only.

£20,000/\$40,000/€30,000  
Max thirty (30) days

### Pre-Existing Condition Cover

For emergency treatment of existing conditions, excluding congenital and hereditary conditions (available to applicants purchasing a Plan of at least three (3) months and less than fifty (50) years)

£20,000/\$40,000/€30,000



# Market-leading benefits

We believe in pushing the boundaries of what an international insurance provider can do for its clients to ensure you're safe and secure when moving to a new country.

## CRISIS24

Crisis24 is a management assistance company who help individuals and businesses minimise risks and support them in the event of a crisis.

### Dedicated web-portal and mobile app

You are able to obtain details of up-to-date country-specific risk information and you can sign up to receive email or text alerts if the risk level changes in your current or future location.

### Travel safety tips

Travel safety tips, information on civil unrest, natural hazards, and travel disruptions for hundreds of countries and cities - all at your fingertips. The crisis team is on hand 24/7 to coordinate activities should you need to use the Emergency Non-Medical Evacuation Benefit, included within the plan.

## SECOND MEDICAL OPINION SERVICE

If you're unsure about your diagnosis or a proposed treatment plan, you can receive an unbiased second medical opinion from a specialised doctor.

### A network of international medical specialists

Through our partner Teladoc Health, we offer you access to a network of 50,000 medical experts around the world, including oncologists, neurologists, rheumatologists and cardiologists.

Your case will be assigned to a specialist doctor with expertise aligned to your diagnosis/medical condition. A medical report will then be sent to you with your specialised doctor remaining at your disposal for any further questions you might have.





# Easy Pay Card

This card is a new digital payment solution that enables you to pay for your pre-authorised medical care above £500/\$500/€500, wherever you might be, without incurring any personal costs and seeking reimbursement.

## HOW DOES IT WORK?

You can request the Easy Pay card by emailing [EasyPayCard@april-international.co.uk](mailto:EasyPayCard@april-international.co.uk) **at least 3 working days before your pre-planned treatment.**

You will need to include a medical report or letter from your treating doctor with a summary of the diagnosis/symptoms, recommended treatment or medical procedure, and documented evidence of the estimated costs.



## WHAT HAPPENS NEXT?

We will review your claim and once authorised, immediately pre-load the card with the amount needed to pay for your treatment.

You will then receive an email with a link to create your account and access the card. You can add this card to your digital wallet on your mobile phone and use it like any other standard virtual payment card.

Once you have paid for your treatment, all you have to do is send your invoices to us, together with any other supporting documents, **within 24 hours**. You can upload your documents in your APRIL Easy Pay account.

## SIMPLIFYING ACCESS TO HEALTHCARE



**Supported by Visa**



**No payment limits**



**Simple to use**



**Valid worldwide**



WHY BUY HEALTH INSURANCE?



DISCOVER APRIL

ENJOY THE BENEFITS

Benefit schedule  
Market-leading benefits  
Easy Pay Card  
Medical assistance

# Medical assistance 24/7

Receiving medical treatment can often be a daunting experience, especially if you are miles away from home. That's why our 24-hour, multilingual assistance is always on hand to take your call.

Our medical assistance partner, CEGA, have been safeguarding the wellbeing of our clients for over 15 years.

Wherever you are in the world, CEGA are just a phone call away, with personal incident managers ready to provide support, guidance and case manage your treatment requirements.

It is also comforting to know that CEGA has an extensive team of doctors and nurses who can conduct doctor-to-doctor discussions and verify that you have been prescribed with the correct treatment.

## IN MORE SERIOUS CASES...

CEGA can arrange a medical evacuation by a scheduled airline or air ambulance to safely transport you to a more suitable medical facility.

The nature of the medical condition and your location are often the key factors when arranging evacuation transport and the type of medical escort required. CEGA's medical teams are experts in the medical, regulatory, and logistical processes involved and customise each evacuation in the most suitable and cost-effective way possible.



## YOU CHOOSE WHERE AND WHO

We understand that you may have a preference as to which hospital you are admitted to, or which doctor you seek treatment from after an initial diagnosis. Whilst we're unable to meet the travel costs, our plans provide the flexibility for you to choose where and who you are treated by.

This may even include receiving treatment in your home country, providing it is within your chosen area of cover. Ultimately, we want to make sure you have access to everything you need to overcome any obstacles a medical condition can present.

This plan is administered by APRIL International UK Ltd and underwritten by AXA XL Insurance Company UK Limited or AXA XL Underwriting Agencies Limited, as displayed on the Certificate of Insurance.

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