Benefits Schedule

MyHEALTH

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MyHEALTH BENEFITS SCHEDULE

The benefits schedule provides a summary of the cover provided per *period of insurance* unless stated otherwise. Terms in italics refer to defined terms. The meaning to these defined terms can be found in the definitions section of the policy terms and conditions. All limits and monetary amounts shall in all instances be in US\$. All the claims must be *reasonable and customary*. TeleHEALTH services are included.

ANNULALLINAIT	FCCENTIAL	EVTENCIVE	CHITC
ANNUAL LIMIT	ESSENTIAL	EXTENSIVE	ELITE
The overall limit per person per <i>period of insurance</i>	\$100,000 or \$500,000	\$1,000,000	\$2,000,000
HOSPITAL BENEFITS Pre-authorisation is required for the following services			
Hospital room and board	Up to \$350 per day in the Philippines	Up to \$450 per day in the Philippines	Up to \$750 per day in the Philippines
	Standard pr	rivate room outside of the	e Philippines
Intensive Care Unit		Fully Covered	
Parental accommodation		Fully Covered	
Theatre fees		Fully Covered	
Blood, dressings, <i>medicines and drugs</i> / General hospital costs		Fully Covered	
Surgical implants		Fully Covered	
Diagnostic scans and tests, including invasive endoscopic examinations		Fully Covered	
Rental of <i>mobility aids</i>		Fully Covered	
Professional fees / Specialist fee		Fully Covered	
Surgeon's fees		Fully covered	
Anaesthetist's fees	Fully covered		
Orthopaedic braces, supports and air boots		Fully covered	
Hospital treatment of mental and nervous conditions	Fully Covered Up to 10 days	Fully Covered Up to 20 days	Fully Covered Up to 30 days
PRE-HOSPITALISATION BENEFITS			
Pre-hospitalisation benefits before admission for a covered confinement	\$500 up to 30 days before a covered <i>confinement</i>	\$1,000 up to 60 days before a covered <i>confinement</i>	\$1,000 up to 60 days before a covered <i>confinement</i>
POST-HOSPITALISATION BENEFITS			
Post-hospitalisation benefits following a covered confinement	\$500 up to 30 days after a covered confinement	\$1,000 up to 60 days after a covered confinement	\$1,000 up to 60 days after a covered confinement
ORGAN TRANSPLANTATION			
Organ transplantation	\$100,000	\$250,000	\$250,000
Direct <i>expenses</i> of <i>surgery</i> to remove an organ for transplant from a donor		\$10,000	
PRIVATE NURSING, HOME NURSING			
Private nursing in <i>hospital</i> when certified necessary by attending <i>physician</i>		Fully Covered	

HOSPITAL CASH BENEFIT	ESSENTIAL	EXTENSIVE	ELITE
Where you are hospitalised for a covered confinement at no cost to us. Hospital cash benefit is not available if you claim for services rendered during the hospitalisation. Hospital cash benefit is not available if you claimed against another insurance	No Cover	\$100 per night Up to a maximum of 30 nights	\$200 per night Up to a maximum o 30 nights
REHABILITATION TREATMENT Pre-authorisation is required for this benefit			
Rehabilitation treatment received while an inpatient at a rehabilitation centre. Admission to the rehabilitation centre must take place within 2 weeks after discharge from hospital for a covered confinement.	Up to 30 days	Up to 60 days	Up to 90 days
EXTERNAL PROSTHESIS			
External prosthesis and any services associated with selection, fitting or repair	\$500	\$1,000	\$2,000
SURGERY OR INVASIVE ENDOSCOPIC EXAMINATION PERFORMED WH	HILE A DAY-PATIENT, IN	A CLINIC,OR IN A PHYSIC	CIAN'S OFFICE
Professional fees, diagnostic scans and tests, medicines and drugs including two post-surgical follow ups. Also covers the following on the day of, and directly related to, the surgery or invasive endoscopic examination: hospital room and board, theatre fees, dressings, medicines and drugs, pathology fees, and surgical implants. This benefit does not cover the following unless Outpatient Benefits are purchased: laryngoscopy, nasopharyngoscopy, otoscopy; any surgery on the skin and subcutaneous tissue for illness other than surgery following a confirmed diagnosis of cancer.		Fully covered	
CANCER TREATMENT The following services, when directly related to cancer, shall be covered	d following a confirmed o	diagnosis of cancer.	
Hospital treatment of cancer	Fully covered		
Specialist consultations; diagnostic scans and tests; medicines and drugs; chemotherapy and radiotherapy related to active cancer treatment	Fully covered		
KIDNEY DIALYSIS			
Kidney dialysis received while admitted to hospital or out of hospital	\$5,000	\$50,000	Fully Covered
HIV/AIDS			
All-inclusive lifetime limit for services rendered in connection with HIV/AIDS including antiretroviral treatment, treatment of primary HIV, testing and monitoring, or treatment of AIDS. HIV/AIDS waiting period of 3 years prior to your first positive HIV test result, or the date you received any treatment for HIV/AIDS (or following possible exposure to the virus), whichever is later (Policy Terms and Conditions Section 8.1.4)	\$10,000 lifetime benefit	\$25,000 lifetime benefit	\$100,000 lifetime benefit
EMERGENCY ROOM TREATMENT			
EMERGENCY ROOM TREATMENT Treatment as a result of an injury within 48 hours of an accident; or acute exacerbation of a disability which requires urgent medical or		Fully Covered	
surgical intervention to avoid permanent damage to your life or health		4	1000
walk-in Emergency Room Treatment which does not lead to confinement or not related to an accident	\$100	\$150	\$200
walk-in EMERGENCY ROOM TREATMENT Walk-in Emergency Room Treatment which does not lead to confinement or not related to an accident	\$100	\$150	\$200
surgical intervention to avoid permanent damage to <i>your</i> life or health WALK-IN EMERGENCY ROOM TREATMENT Walk-in Emergency Room Treatment which does not lead to confinement	\$100	\$150	\$200
Surgical intervention to avoid permanent damage to your life or health WALK-IN EMERGENCY ROOM TREATMENT Walk-in Emergency Room Treatment which does not lead to confinement or not related to an accident EMERGENCY DENTAL TREATMENT Emergency dental treatment to repair damage to sound natural teeth	\$100		\$200

HOSPITAL AND SURGERY PLANS - CONTINUED			
HOSPICE OR PALLIATIVE TREATMENT	ESSENTIAL	EXTENSIVE	ELITE
Hospice or palliative treatment	No Cover	\$25,000 lifetime benefit	\$50,000 lifetime benefit
SPECIAL LIMITS APPLYING TO CERTAIN DISABILITIES Subject to the benefits and sub-limits stated elsewhere in this benefits schedule, the maximum we will pay for losses directly or indirectly arising from the following disabilities is as stated below.			
Chronic Conditions		Fully Covered	
Complications of pregnancy	No Cover	\$25,000	Fully Covered
Congenital and hereditary conditions lifetime per person	No Cover	\$25,000 lifetime benefit	\$100,000 lifetime benefit
Neonatal <i>disabilities</i> lifetime per person (applicable only to children added under Section 10.1) Newborn Addition waiting period of 365 days prior to the date of birth applies (Policy Terms and Conditions Section 9.1.2)	No Cover	\$25,000 lifetime benefit	\$100,000 lifetime benefit
Stem Cell Treatment, including harvesting immediately prior to a treatment	No Cover	\$20,000 lifetime benefit	\$40,000 lifetime benefit
AREA OF COVER			
Area of Cover Options	Worldwide, Worldwide excluding USA, Asean excluding Singapore		
Out of Area Cover	Services rendered outside of the area of cover are covered up to \$50,000 per <i>period of insurance</i> only if they are directly caused by <i>sudden illness or injury</i> occurring during the first 30 travel days of any trip outside the area of cover		
ANNUAL DEDUCTIBLE			
Only applies to the <i>Hospital</i> and <i>Surgery</i> Plan	Nil \$500 \$1,000 \$2,500 \$5,000 \$10,000		

OUTPATIENT PLANS The following Outpatient modules are optional and can be combined w	rith any Hospital and Sui	rgery Module	
ANNUAL LIMIT FOR OUTPATIENT BENEFITS	ESSENTIAL	EXTENSIVE	ELITE
Annual cumulative limit for all benefits shown in the Outpatient Benefits section	\$5,000	Up to overall limit pe	r period of insurance
CO-INSURANCE PERCENTAGE			
Outpatient co-insurance percentage		Nil	
GENERAL PRACTITIONER & SPECIALIST CONSULTATION FEES			
General Practitioner consultation fees		Fully Covered	
Specialist consultation fees		Fully Covered	
Physiotherapy A referral for physiotherapy must be submitted at the same time as your claim. Treatment is limited to 10 sessions per referral after which a new referral and medical report from your attending physician must be submitted. The referral requirement is waived for the first 3 sessions per period of insurance		Fully Covered	
OUTPATIENT MENTAL AND NERVOUS CONDITIONS			
Physician consultation fees, psychologist, diagnostic scans and tests, medicines and drugs prescribed by a physician for mental and nervous conditions	No Cover	\$3,500 lifetime benefit	\$5,000 lifetime benefit
MEDICINES AND DRUGS			
Medicines and drugs		Fully Covered	
DIAGNOSTIC SCANS AND TESTS			
Diagnostic scans and tests	Fully Covered		
MEDICAL APPLIANCES AND MOBILITY AIDS			
Purchase or rental of <i>mobility aids</i> Slings and bandages Purchase or rental of <i>medical appliances</i>	\$500 Maximum two <i>mobility aids</i> per <i>disability</i>	\$2,000 Maximum two <i>mobility aids</i> per <i>disability</i>	\$3,500 Maximum two <i>mobility aids</i> per <i>disability</i>
COMPLEMENTARY MEDICINE AND TRADITIONAL CHINESE MEDICINE			
Combined limit for all benefits listed in the <i>Complementary Medicine</i> and Traditional Chinese Medicine section	\$1,000	\$2,000	\$3,000
Consultation fees for the following complementary medicine practitioners, upon referral: Dietician following illness or injury No referral required: Chiropractor, osteopath, podiatrist, speech therapist following illness or injury	Fully covered Up to the combined limit		
Consultation fees and medicine/consumables dispensed or used by the following practitioners in the course of treatment:	Up to \$50 per visit	Up to \$75 per visit	Up to \$100 per visit
Acupuncturist, Ayurveda practitioner, bone setter, Chinese medicine practitioner, naturopath, homeopath No <i>referral</i> required.	Maximum one consultation per day Up to the combined limit		
FOLLOW UP CANCER CARE			
These services shall be covered following the completion of active cancer treatment: Medicines and drugs prescribed to prevent a recurrence of cancer and related specialist consultations.		Fully Covered	

OUTPATIENT PLANS - CONTINUED			
MEDICAL CHECKUP AND VACCINATIONS	ESSENTIAL	EXTENSIVE	ELITE
Medical checkup including standalone screenings, e.g. mammography, prostate cancer screening No referral required	\$200 combined limit	\$500	\$600
Vaccinations No <i>referral</i> required		\$150	\$200

DENTAL AND OPTICAL BENEFIT Available to anyone who has selected a <i>Hospital and Surgery</i> module			
	ESSENTIAL	EXTENSIVE	ELITE
Minor dental treatment	\$700		
Major Dental treatment Waiting period of 300 days to the data of service applies (Policy Terms and Conditions Section 8.1.3)	No Cover	er \$1,600	
Eye examinations, frames, prescription contact lenses and prescription lenses	No Cover \$500		\$500

MATERNITY MODULE

Available to women between 19 to 45 years of age who have selected an Extensive or Elite *Hospital and Surgery* on a nil *deductible* basis, plus an optional Outpatient module.

	ESSENTIAL	EXTENSIVE	ELITE
Maternity Benefit limit	\$5,000 per pregnancy	\$8,000 per pregnancy	\$15,000 per pregnancy
The following prenatal and post-natal services up to 45 days following birth: <i>Physician</i> consultation fees, <i>diagnostic scans and tests, medicines and drugs,</i> licensed midwifery and certified doula services, vitamins and supplements, complementary maternity therapies (without <i>referral</i>).	Fully Covered Up to the overall maternity limit		
Delivery, including elective and emergency caesarean sections and up to seven (7) days of nursery care.			limit
Complications of pregnancy following <i>major or minor assisted</i> conception			
Therapeutic abortions.			
Please refer to waiting period in terms and conditions			

REPATRIATION, EVACUATION AND ASSISTANCE SERVICES PROVIDED BY APRIL ASSISTANCE
In the event of an emergency, the Member may call-collect our dedicated assistance hotline 24 hours a day, 365 days a year to request the following services. All limits and monetary amounts are stated in US\$ and cover is subject to our policy terms and conditions. For more details, please refer to the Emergency Assistance Program scope of services.

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IN THE EVENT OF ACCIDENT OR SUDDEN SEVERE ILLNESS OF THE MEMBER (To a combined limit of US\$1,000,000)	Included in every plan
Emergency medical evacuation and medically required repatriation	Fully Covered
Return of the member to the <i>country of residence</i> after recovery	Return economy class airline ticket
Compassionate visit (if the member is unaccompanied and hospitalisation is reasonably expected to be more than 7 days)	Economy round trip transportation & hotel accommodation Up to \$150 per night for a maximum of 7 nights
Supply and delivery of medication not available locally	Fully Covered
Return of member's family members	One-way economy class airline ticket
Return of dependants	One-way economy class airline ticket
Round the clock telephone access	Trained multilingual personnel including a medical team will be on-hand to assist
IN THE EVENT OF THE DEATH OF THE MEMBER (To a combined limit of US\$30,000)	
Repatriation of mortal remains	Fully Covered
Cost of a transport coffin for repatriation of the body by air	Up to \$5,000
Presence of a person to accompany the deceased	Economy round trip transportation & hotel accommodation Up to \$150 per night for a maximum of 7 nights
Return of insured family members	One-way economy class airline ticket
IF PERSONAL EFFECTS ARE LOST OR STOLEN ABROAD	
Cash advance outside your home country or country of residence	Up to \$2,500
Sending urgent messages	Included
IN THE EVENT OF AN UNINTENTIONAL INFRACTION OF THE LAW ABB	ROAD
Advance of legal expenses occurred while abroad	Up to \$2,500 per event
Advance of cost of bail while abroad	Up to \$25,000 per event
Assistance with translation of legal or administrative documents	Up to \$500 per event
Referral to local legal advisors	Included
IN THE EVENT OF THE DEATH OR CRITICAL ILLNESS OF A FAMILY ME	MBER
Compassionate Home Travel	Return economy class airline ticket up to \$1,000
OTHER TRAVEL ASSISTANCE SERVICES	
APRIL Assistance will provide the following travel-related information	Visa and inoculation requirements for foreign countries Lost luggage and passport assistance while the member is traveling outside his/her <i>Home Country</i> or Usual <i>Country of Residence</i>
MEDICAL ASSISTANCE	
Medical Referral Service	Access to a global network of appointed and credentialed doctors, specialists and <i>hospitals</i>
Hospital Admission including Admission Deposits	In the event of an <i>emergency</i> admission, we will make arrangements to issue a <i>hospital</i> letter of guarantee
Tele-medicine Consultation and Evaluation of the Member's Condition	APRIL Assistance's duty doctors will provide help over the phone
Medical Monitoring	APRIL Assistance will monitor a Member's condition if hospitalised abroad

For more information, contact your insurance consultant:

Underwritten by:

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