### **Benefits Schedule**

# MyHEALTH

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## MyHEALTH BENEFITS SCHEDULE

The benefits schedule provides a summary of the cover provided per *period of insurance* unless stated otherwise. Terms in italics refer to defined terms. The meaning to these defined terms can be found in the definitions section of the policy terms and conditions. All limits and monetary amounts shall in all instances be in US\$. All the claims must be *reasonable and customary*. TeleHEALTH services are included. Services rendered in USA must be within our preferred network except for *emergency*. Otherwise, 40% co-insurance will be applied.

One of these plans must be selected to form the basis of your cover	ECCENTIAL	EVTENCIVE	FUTE
ANNUAL LIMIT	ESSENTIAL	EXTENSIVE	ELITE
The overall limit per person per <i>period of insurance</i>	\$1,500,000	\$2,500,000	\$4,500,000
HOSPITAL NETWORK The hospitals where you may receive treatment as per the benefits listed in your Hospital and Surgery Plan	Standard: Free choice of provider Optional: For treatment in Singapore and Hong Kong, Specified Inpatient Providers only*		nd Hong Kong,
HOSPITAL BENEFITS  Pre-authorisation is required for the following services			
	Double Occi	ıpancy Room / Single Occ	cupancy Room
Hospital room and board		le Occupancy Room optio vailable to Hong Kong resi	
Intensive Care Unit		Fully Covered	
Parental accommodation		Fully Covered	
Theatre fees	Fully Covered		
Blood, dressings, <i>medicines and drugs</i>	Fully Covered		
Surgical implants	Fully Covered		
Diagnostic scans and tests, including invasive endoscopic examinations	Fully Covered		
Rental of <i>mobility aids</i>	Fully Covered		
Orthopaedic braces, supports and air boots	Fully Covered		
Professional fees		Fully Covered	
Hospital treatment of mental and nervous conditions			Fully covered up to 60 days
PRE-HOSPITALISATION BENEFITS			
Pre-hospitalisation benefits before admission for a covered confinement	No Cover	Fully covered up to 30 days before a covered confinement	Fully covered up to 180 days before a covered <i>confinement</i>
POST-HOSPITALISATION BENEFITS			
Post-hospitalisation benefits following a covered confinement	No Cover	Fully covered up to 90 days after a covered <i>confinement</i>	Fully covered up to 180 days after a covered <i>confineme</i>
ADULT PREVENTIVE SCREENING			
Adult preventive screening as follows: (We cover the screenings only. The associated consultation cost will not be covered)			
· · · · · · · · · · · · · · · · · · ·		4050	

Mammography for women aged 40 years and above

Prostate screening for men aged 40 years and above
 For members who buy an Outpatient module, cover for this benefit will be provided as per the sum stated on the Outpatient module

Pap smear for women aged 19 and above

\$250

Panel Network Providers Only

<sup>\*</sup> The Specified Inpatient Providers list is available at http://healthbyapril.com/specified-hospitals

ORGAN TRANSPLANTATION	ESSENTIAL	EXTENSIVE	ELITE
Organ transplantation	Hospital Benefits, Pre-hospitalisation Benefits, Post-hospitalisation Benefits sections apply		
Direct <i>expenses</i> of <i>surgery</i> to remove an organ for transplant from a donor	\$50,000		
PRIVATE NURSING, HOME NURSING			
Private nursing in <i>hospital</i> when certified necessary by attending <i>physician</i>	No Cover	Fully Covered	Fully Covered
Home nursing prescribed by attending <i>physician</i>	No Cover	\$135 per day up to 30 days	\$225 per day up to 90 days
HOSPITAL CASH BENEFIT			
Where you are hospitalised for a covered confinement at no cost to us.	\$100 per night	\$200 per night up to a maximum of 45 nights	\$400 per night up to a maximum of 45 nights
Where <i>you</i> are hospitalised in ward for a covered confinement in a private or public <i>hospital</i> .	up to a maximum of 45 nights		
REHABILITATION TREATMENT  Pre-authorisation is required for this benefit			
Rehabilitation treatment received while an inpatient at a rehabilitation centre. Admission to the rehabilitation centre must take place within 2 weeks after discharge from hospital for a covered confinement.	Up to 60 days	Up to 80 days	Up to 185 days
EXTERNAL PROSTHESIS			
External prosthesis and any services associated with selection, fitting or repair	\$1,000	\$2,000	\$4,000
SURGERY OR INVASIVE ENDOSCOPIC EXAMINATION PERFORMED WH	IILE A DAY-PATIENT, IN	A CLINIC,OR IN A PHYSI	CIAN'S OFFICE
Professional fees, diagnostic scans and tests, medicines and drugs including five post-surgical follow ups.  Also covers the following on the day of, and directly related to, the surgery or invasive endoscopic examination: hospital room and board, theatre fees, dressings, medicines and drugs, pathology fees, and surgical implants.  This benefit does not cover the following unless Outpatient Benefits are purchased: laryngoscopy, nasopharyngoscopy, otoscopy; any surgery on the skin and subcutaneous tissue for illness other than surgery following a confirmed diagnosis of cancer.	Fully covered		
CANCER TREATMENT	l fallaccina a candium ad a	linear acid of agrees	
Hospital treatment of cancer	d following a confirmed diagnosis of cancer.  Hospital Benefits section applies		
Specialist consultations; diagnostic scans and tests; medicines and drugs; chemotherapy, radiotherapy and target therapy related to active cancer treatment	Fully covered		
KIDNEY DIALYSIS			
Kidney dialysis received while admitted to hospital or out of hospital	\$50,000 Fully Covered		overed
HIV/AIDS			
All-inclusive lifetime limit for services rendered in connection with HIV/AIDS including antiretroviral treatment, treatment of primary HIV,			

HOSPITAL AND SURGERY PLANS - CONTINUED			
EMERGENCY ROOM TREATMENT	ESSENTIAL	EXTENSIVE	ELITE
EMERGENCY ROOM TREATMENT  Treatment as a result of an injury within 48 hours of an accident; or acute exacerbation of a disability which requires urgent medical or surgical intervention to avoid permanent damage to your life or health		Fully Covered	
WALK-IN EMERGENCY ROOM TREATMENT Walk-in Emergency Room Treatment which does not lead to confinement or not related to an accident	\$250	\$300	\$600
EMERGENCY DENTAL TREATMENT			
Emergency <i>dental treatment</i> to repair damage to sound natural teeth within 14 days of <i>accident</i>		Fully Covered	
LOCAL TRANSPORT BY AMBULANCE			
Transport by ambulance to and from <i>hospital</i> prescribed by an attending <i>physician</i>		Fully Covered	
HOSPICE OR PALLIATIVE TREATMENT			
Hospice or palliative treatment	\$25,000 lifetime benefit	\$50,000 lifetime benefit	\$100,000 lifetime benefit
SPECIAL LIMITS APPLYING TO CERTAIN DISABILITIES			
Subject to the benefits and sub-limits stated elsewhere in this <b>benefits schedule</b> , the maximum <b>we</b> will pay for losses directly or indirectly arising from the following <b>disabilities</b> is as stated below.			
Chronic Conditions	Fully Covered		
Complications of pregnancy	No Cover Fully Covered		covered
Congenital and hereditary conditions lifetime per person	No Cover	\$100,000 lifetime benefit	\$200,000 lifetime benefit
Neonatal <i>disabilities</i> lifetime per person (applicable only to children added under Section 9.1) Newborn Addition waiting period of 366 days prior to the date of birth applies (Policy Terms and Conditions Section 8.1.2)	No Cover	\$100,000 lifetime benefit	\$200,000 lifetime benefit
Stem Cell Treatment, including harvesting immediately prior to a treatment	No Cover	\$75,000 lifetime benefit	\$150,000 lifetime benefit
AREA OF COVER			
Area of Cover Options	Worldwide; Worldwide Excluding <i>USA</i>		ng USA
Out of Area Cover	Services rendered outside of the area of cover are covered up \$100,000 per period of insurance only if they are directly caused I sudden illness or injury occurring during the first 30 travel days of attrip outside the area of cover.  Sudden illness or injury does not include any disability of which symptoms existed prior to the start of the trip and which would have caused a reasonable person to seek medical care.  This benefit does not apply for any trip commenced or continued agains the orders or advice of any physician or other medical practitioner; undertaken in whole or in part for the purpose of obtaining medical care.		are directly caused by st 30 travel days of any ny disability of which and which would have are.  ed or continued against medical practitioner; or
ANNUAL DEDUCTIBLE			
Only applies to the <i>Hospital</i> and <i>Surgery</i> Plan		Nil \$1,500 \$3,000 \$5,000 \$10,000	

OUTPATIENT PLANS  The following Outpatient modules are optional and can be combined with the combined	vith any <i>Hospital and Sui</i>	rgery Module	
ANNUAL LIMIT FOR OUTPATIENT BENEFITS	ESSENTIAL	EXTENSIVE	ELITE
Annual cumulative limit for all benefits shown in the Outpatient Benefits section	Option 1 : Upon overall limit - with 20% co-insurance percentage Option 2 : \$7,000 with nil co-insurance percentage	Up to overall limit per <i>period of insurance</i>	
CO-INSURANCE PERCENTAGE			
Outpatient co-insurance percentage	Option 1: 20% Option 2: Nil	Choice of	f nil or 20%
outputient co insurance percentage		s waived at <i>panel netwo</i> ng services upon e-card	
Direct Billing	Direct Billing available at <i>panel network</i> providers only	Co-insurance is waived at panel network providers only for direct billing services upon e-card presentation.  If nil co-insurance is selected, you can acces to general network with direct billing service upon ecard presentation.	
GENERAL PRACTITIONER & SPECIALIST CONSULTATION FEES			
General Practitioner consultation fees	Fully Covered		
Specialist consultation fees	Fully Covered		
Physiotherapy A referral for physiotherapy must be submitted at the same time as your claim. Treatment is limited to 10 sessions per referral after which a new referral and medical report from your attending physician must be submitted.  The referral requirement is waived for the first 3 sessions per period of insurance	\$1,000	Fully Covered	
OUTPATIENT MENTAL AND NERVOUS CONDITIONS			
Physician, psychologist, psychotherapist and complementary medicine practitioners' consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for mental and nervous conditions	No Cover	\$2,500	\$5,000
OUTPATIENT BEHAVIOURAL AND DEVELOPMENTAL DISORDERS			
Physician, psychologist and psychotherapist consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for a behavioural or developmental disorder	No Cover	\$1,000	\$1,500
MEDICINES AND DRUGS			
Medicines and drugs	Fully Covered		
DIAGNOSTIC SCANS AND TESTS			
Diagnostic scans and tests	Fully Covered		
MEDICAL APPLIANCES AND MOBILITY AIDS			
Purchase or rental of <i>mobility aids</i> Slings and bandages Purchase or rental of <i>medical appliances</i>	\$2,000 Maximum two <i>mobility aid</i> s per <i>disability</i>	\$3,500 Maximum two <i>mobility aid</i> s per <i>disability</i>	\$7,000 Maximum two <i>mobility aids</i> per <i>disability</i>

COMPLEMENTARY MEDICINE AND TRADITIONAL CHINESE MEDICINE May use non-panel providers with no penalty	ESSENTIAL	EXTENSIVE	ELITE
Combined limit for all benefits listed in the <i>Complementary Medicine</i> and Traditional Chinese Medicine section	\$750	\$1,750	\$5,000
Consultation fees for the following complementary medicine practitioners, upon <i>referral</i> : Dietician following <i>illness</i> or <i>injury</i> , occupational therapy No <i>referral</i> required: Chiropractor, osteopath, podiatrist, speech therapist following <i>illness</i> or <i>injury</i>	Fully covered Up to the combined limit		·
Consultation fees and medicine/consumables dispensed or used by the following practitioners in the course of treatment:		Fully covered Up to the combined limi	t
Acupuncturist, bone setter, Chinese medicine practitioner, naturopath, homeopath, Ayurveda practitioner, <i>hypnotherapist</i> No <i>referral</i> required.	Maximum one consultation per day		er day
FOLLOW UP CANCER CARE			
These services shall be covered following the completion of active cancer treatment:  Medicines and drugs prescribed to prevent a recurrence of cancer and related specialist consultations.	Fully Covered		
SCREENING, MEDICAL CHECKUP AND VACCINATIONS			
Adults preventive screening as follows:		\$400	Fully Covered
Mammography for women aged 40 years and above Pap smear for women aged 19 and above Prostate screening for men aged 40 years and above			period of insurance viders Only
	\$250	\$400	Fully Covered
Child health screenings below 16 years old for evaluating medical history, physical and development assessment, school entry health check and or diabetic screening.		Maximum two tests p	nd below : er period of insuranc I to 16 : er period of insurance
Medical checkup packages or standalone tests or scans not listed above which are conducted in the absence of a diagnosis or suspected diagnosis  No referral required		\$750	\$2,000
Vaccinations (cost of vaccination only. Associated GP consult covered under consultation benefit)  No <i>referral</i> required			
ROUTINE OUTPATIENT MATERNITY			
Physician consultation fees, diagnostic scans and tests, medicines and drugs, vitamins and supplements, prescribed by a physician or licensed midwifery practice or clinic for routine pre-natal and postnatal services up to 45 days following birth  Waiting period 8.1.1 of the Policy Terms and Conditions	No Cover		\$5,000 per pregnancy

#### **DENTAL AND OPTICAL BENEFIT** Available to anyone who has selected a *Hospital and Surgery* module **ESSENTIAL EXTENSIVE** ELITE Minor Dental treatment \$1,250 Major Dental treatment Including orthodontic treatment commenced below the age of 16. \$2,500 No Cover Waiting period of 300 days to the data of service applies (Policy Terms and Conditions Section 8.1.3) Eye examinations, frames, prescription contact lenses and No Cover \$300 prescription lenses

Available to women between 19 to 45 years of age who have selected an Extensive or Elite <i>Hospital and Surgery</i> on a nil <i>deductible</i> plus an optional Outpatient module.			a nil <i>deductible</i> basis
	ESSENTIAL	EXTENSIVE	ELITE
Maternity Benefit limit	\$5,000 per pregnancy	\$10,000 per pregnancy	\$15,000 per pregnancy
The following prenatal and post-natal services up to 45 days following birth: <i>Physician</i> consultation fees, <i>diagnostic scans and tests</i> , <i>medicines and drugs</i> , licensed midwifery and certified doula services, vitamins and supplements, complementary medicine, complementary maternity therapies (without <i>referral</i> ).			
Delivery, including elective and emergency caesarean sections and up to seven (7) days of <i>nursery care</i> .	Fully Covered Up to the overall maternity limit		limit
Complications of pregnancy following major or minor assisted conception			
Therapeutic abortions.			
Please refer to waiting period in terms and conditions			
Maternity Cash Benefit	\$1,000	¢2,000	¢2,000

\$1,000

per delivery

\$2,000

per delivery

\$3,000

per delivery

**MATERNITY MODULE** 

to your policy

Where you deliver your infant at no cost to us and the infant is added

REPATRIATION, EVACUATION AND ASSISTANCE SERVICES PROVIDED BY APRIL ASSISTANCE
In the event of an emergency, the Member may call-collect our dedicated assistance hotline 24 hours a day, 365 days a year to request the following services. All limits and monetary amounts are stated in US\$ and cover is subject to our policy terms and conditions. For more details, please refer to the Emergency Assistance Program scope of services.

IN THE EVENT OF ACCIDENT OR SUDDEN SEVERE ILLNESS OF THE MEMBER (To a combined limit of US\$1,000,000)	Included in every plan			
Emergency medical evacuation and medically required repatriation	Fully Covered			
Return of the member to the <i>country of residence</i> after recovery	Return economy class airline ticket			
Compassionate visit (if the member is unaccompanied and hospitalisation is reasonably expected to be more than 7 days)	Economy round trip transportation & hotel accommodation Up to \$150 per night for a maximum of 7 nights			
Supply and delivery of medication not available locally	Fully Covered			
Return of member's family members	One-way economy class airline ticket			
Return of dependants	One-way economy class airline ticket			
Round the clock telephone access	Trained multilingual personnel including a medical team will be on-hand to assist			
IN THE EVENT OF THE DEATH OF THE MEMBER (To a combined limit of US\$30,000)				
Repatriation of mortal remains	Fully Covered			
Cost of a transport coffin for repatriation of the body by air	Up to \$5,000			
Presence of a person to accompany the deceased	Economy round trip transportation & hotel accommodation Up to \$150 per night for a maximum of 7 nights			
Return of insured family members	One-way economy class airline ticket			
IF PERSONAL EFFECTS ARE LOST OR STOLEN ABROAD				
Cash advance outside your home country or country of residence	Included			
Sending urgent messages	Included			
IN THE EVENT OF AN UNINTENTIONAL INFRACTION OF THE LAW ABROAD				
Advance of legal expenses occurred while abroad	Included			
Advance of cost of bail while abroad	Included			
Assistance with translation of legal or administrative documents	Up to \$500 per event			
Referral to local legal advisors	Included			
IN THE EVENT OF THE DEATH OR CRITICAL ILLNESS OF A FAMILY ME	MBER			
Compassionate Home Travel	Return economy class airline ticket up to \$1,000			
OTHER TRAVEL ASSISTANCE SERVICES				
APRIL Assistance will provide the following travel-related information	Visa and inoculation requirements for foreign countries Lost luggage and passport assistance while the member is traveling outside his/her <i>Home Country</i> or Usual <i>Country of Residence</i>			
MEDICAL ASSISTANCE				
Medical Referral Service	Access to a global network of appointed and credentialed doctors, specialists and <i>hospitals</i>			
Hospital Admission including Admission Deposits	In the event of an <i>emergency</i> admission, <i>we</i> will make arrangements to issue a <i>hospital</i> letter of guarantee			
Tele-medicine Consultation and Evaluation of the Member's Condition	APRIL Assistance's duty doctors will provide help over the phone			
Medical Monitoring	APRIL Assistance will monitor a Member's condition if hospitalised abroad			

### For more information, contact your insurance consultant:

Underwritten by:

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